

(Making Good Decisions in Collaboration*) with your GP or consultant

Making
All
Good decisions
In
Collaboration

A significant illness or diagnosis is undoubtedly a difficult time for patients and their families. Some of us become frightened about the future, and feel confused and anxious. We can cope better if we have more information and know the right questions to ask.



See on the reverse side of this card the 5 simple questions we should ask the GP/consultant or healthcare professional.

Here are the 5 simple things we should ask the GP/consultant or healthcare professional in the unfortunate event that we experience a significant illness or diagnosis

1. What is my diagnosis - could it be something else?
2. What are my treatment options?
3. What are the pros and cons of my treatment options - do you have the facts and figures that could help me decide?
4. What can I do to help myself and manage my condition?
5. I would like to talk about my prognosis, what can I expect and what is likely to happen in the future?



Produced in partnership by:

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