

7 Steps for Personal Health Budgets (PHB)

<p>Step 1 Getting Started</p> 	<p>Step 2 Providing Information</p> 	<p>Step 3 Planning Your Care</p> 	<p>Step 4 Getting Your Plan Agreed</p> 
<p>If you are eligible for full CHC funding, your case manager will explain what a personal health budget is.</p> <p>If you decide that you want to apply for a personal health budget or would like more information, you will be contacted by letter enclosing a leaflet about personal health budgets.</p> <p>You will contact the PHB Co-ordinator to confirm that you want to go ahead with the application process</p>	<p>You will be allocated a case manager who will visit you.</p> <p>You will be provided with a detailed leaflet about the impact of having a personal health budget and the implications of this for you and those around you.</p>	<p>You will be provided with an indicative budget so you can start thinking about how to spend your budget.</p> <p>You will co-produce with healthcare staff (and other applicable agencies) a Care Plan which is personalised to you. This plan helps you to identify your health and wellbeing goals, together with their local NHS team, and sets out how the budget will be spent to enable them to reach their goals and keep healthy and safe</p> <p>You will be signposted to brokerage services where you can access information or access their services to support your personal health budget</p>	<p>Your completed care and support plan is sent to the clinical lead at the Clinical Commissioning Group to be signed off. This is to ensure it is legal, safe, effective and affordable.</p> <p>Your final budget will also be agreed.</p> <p>If your support plan is not signed off, you may need to return to Step 3.</p>
<p>Step 5 Setting Up Finances</p> 	<p>Step 6 Payments Start</p> 	<p>Step 7 Reviews</p> 	
<p>You can have a personal health budget in one of the following, or any combination of the three, ways, arranged by the CCG:</p> <ol style="list-style-type: none"> 1. A notional budget - where the commissioner (for example the CCG) holds the budget but utilises it to secure services bases on the outcome of discussions with the service user. 2. A third party budget - where an organisation independent of the individual and the NHS manages the budget on the individual's behalf and arranges support by purchasing services in line with the agreed care plan. 3. A direct payment - where money is transferred to a person or his or her representative or nominee who contracts for the necessary services. 	<p>The first payment will be made (up to 1 month before) to allow you to set up services to meet your agreed health and wellbeing outcomes.</p> <p>Your case manager will remain in contact with you to ensure personal health budget is working well.</p>	<p>You will have two types of review which in essence will run in parallel:</p> <ol style="list-style-type: none"> 1. A clinical review <p>This will look at whether the services you have bought are helping you to achieve your health and wellbeing outcomes. This will be conducted at 3months following set up of your personal health budget and commencement of the services and annually.</p> <p>You will be able to contact your case manager with any questions or queries you may have.</p> <ol style="list-style-type: none"> 2. A financial review <p>If you have a direct payment, a financial review will be conducted every 3months to ensure you are spending the budget as agreed. This will help to identify if any changes need to be made.</p>	