

**WEST LEICESTERSHIRE CLINICAL COMMISSIONING GROUP  
BOARD MEETING**

**08 September 2015**

<b>Title of the report:</b>	Briefing paper: Transformational Action Plan for the Mental Health and Wellbeing of Children and Young People
<b>Section:</b>	Delivery
<b>Report by:</b>	Leon Charikar, CAMHS Commissioning Manager
<b>Presented by:</b>	Leon Charikar, CAMHS Commissioning Manager

<b>Report supports the following West Leicestershire CCG's goal(s) 2012 – 2015:</b>			
Improve health outcomes	✓	Improve the quality of health-care services	✓
Use our resources wisely			

<b>Equality Act 2010 – positive general duties:</b>
<ol style="list-style-type: none"> <li>1. The CCG is committed to fulfil its obligations under the Equality Act 2010, and to ensure services commissioned by the CCG are non-discriminatory on the grounds of any protected characteristics.</li> <li>2. The CCG will work with providers, service users and communities of interest to ensure any issues relating to equality of service within this report are identified and addressed.</li> </ol>

<b>Additional Paper details:</b>	
Please state relevant Constitution provision	<p><b>6.5 Joint Arrangements</b></p> <p>6.5.1 The Group has entered into joint arrangements with the following clinical commissioning groups, etc</p> <ol style="list-style-type: none"> <li>a) NHS East Leicestershire and Rutland CCG and NHS Leicester City CCG, and with NHS Leicester, Leicestershire and Rutland to form a Commissioning Collaborative Board, and has delegated authority to members of its governing body to make decisions in that forum on the Group's behalf</li> <li>b) NHS East Leicestershire and Rutland CCG and NHS Leicester City CCG, and with NHS Leicester, to coordinate the management of contracts with major service providers</li> </ol>

Please state relevant Scheme of Reservation and Delegation provision (SORD)	N/A
Please state relevant Financial Scheme of Delegation provision	N/A
Please state reason why this paper is being presented to the WLCCG Board	To enable WLCCG to receive additional funding from 2015/16 specifically to transform mental health and wellbeing services for children.
Discussed by	Collaborative Commissioning Board 27 August 2015
Alignment with other strategies	Better Care Together Women and Children's Workstream, Better Care Together Adult Mental Health Workstream
Environmental Implications	None
Has this paper been discussed with members of the public and other stakeholders? If so, please provide details	Engagement through BCT with Healthwatch, Local authorities and Leicestershire Partnership Trust to develop the transformational plan.

### **EXECUTIVE SUMMARY:**

1. LLR CCGs will receive additional funding from 2015/16 specifically to transform mental health and wellbeing services for children. (£1.87 million recurrent). The focus is on the whole care pathway from health promotion through to community based intensive interventions. There is a specific requirement to provide community based eating disorder services which will be subject to national access standards from 2017/18.
2. The main funds will be released on approval of a "Transformational Plan" which will set out the main local priorities and initial action plan. The transformational plan will be developed through the Better Care Together framework and will need to be signed off by CCG Boards and Health and Wellbeing Boards. The deadline for submission is 16<sup>th</sup> October.

### **RECOMMENDATION:**

The West Leicestershire Clinical Commissioning Group is requested to:

**RECEIVE** the report and note the funding that is available from NHSE to CCGs to transform services for children and young people with mental health needs. This is dependent on submission of a transformational plan by 16<sup>th</sup> October 2015

**APPROVE** the process for developing the LLR Transformational Plan for children and young people's mental health. The plan will need to be reviewed and supported by CCGs and Health and Wellbeing Boards prior to submission, and submitted to NHS England by 16th October. The Clinical Commissioning Board have agreed that due to the deadlines the Leicester City Chair and Accountable Officer will provide the final sign off on behalf of the three CCGs.

# WEST LEICESTERSHIRE CLINICAL COMMISSIONING GROUP

## BOARD MEETING

08 September 2015

### Mental Health and Wellbeing Transformational Plan for Children and Young People

#### Future in Mind and Transformational Plan funding

1. *Future in Mind* is the Department of Health and NHS England's strategy for transforming services to promote the mental health and wellbeing of children and young people. It requires a systems change, improving all services from health promotion and short term early help to intensive and specialist child mental health services.
2. In the Autumn Statement (December 2014) and Budget (March 2015), the Government announced extra funding for the NHS to invest in transforming mental health services for children and young people. This was set out as follows;
  - £1.25 billion over 5 years for Mental Health and Wellbeing services for children and young people
  - £150 million over 5 years for Community Eating Disorder Services for children up to the age of 18.
  - £75 million over 5 years for perinatal and antenatal mental health.
3. The allocation of the funding will be managed by NHS England. CCGs will be able to secure funding through the submission of a Transformational Plan for children and young people's mental health and wellbeing.
4. Guidance for the Transformational Plan and details of the financial allocation was published on 3<sup>rd</sup> August 2015. The financial allocations for the three CCGs are as follows:

CCG	Eating Disorders 2015/16	General Mental Health 2015/16	Total funding from 2016/17 onwards
Leicester City	£189,407	£474,106	£663,513
East Leicestershire and Rutland	£161,178	£403,444	£564,621
West Leicestershire	£183,217	£458,612	£641,829
Total	£533,802	£1,336,162	£1,869,963

5. The funding for eating disorders for 2015/16 has been released. Remaining funding for 2015/16 and future years is dependent on the Transformational Plan being approved by NHS England.

### **Eating Disorders**

6. The funding for Eating Disorders is to commission specialist community based services which offer NICE concordant treatment. The guidance states that
7. *“NICE concordant treatment should start within a maximum of four weeks from first contact with a designated health care professional for routine cases and within one week for urgent cases”.*
8. This national access standard will apply from 2017-18 and will be monitored during 2016. The current CAMHS does not have the capacity to meet this standard.
9. The Collaborative Commissioning Board has authorised the commissioning of a specialist community eating disorder service from Leicestershire Partnership Trust. The service will need to have strong links with other agencies. A formal specification will be drawn up in line with NICE Standards (2004) which will include key performance indicators relating to access times, clinical and patient centres outcomes, and impact on use of hospital beds.

### **General Mental Health and Wellbeing**

10. The remaining funding will be used to transform and strengthen the range of community based support and interventions offered to children, young people and their carers. The emphasis is on transformational change, using the Future in Mind funding as a catalyst to promote collaborative working between current commissioners and providers. The funding does not cover hospital or “Tier 4” highly specialised services.
11. There has been good engagement with children, young people and families around their experience and vision for mental health and wellbeing services. There have also been a number of recent reviews that will shape the local plan. These include:
  - The Review of CAMHS Community Services in 2014
  - The Public Health mapping of emotional health and wellbeing services for children in Leicestershire and Rutland 2014
  - The CQC inspection report of CAMHS 2015
  - The Verita report on a series of serious incidents relating to CAMHS patients 2015

12. There will be four main components of the LLR plan

Health promotion	<p>A campaign to promote mental health and resilience for children and families.</p> <p>This will be led and commissioned by Public Health Departments and involve close work with education providers, GPs and other universal settings. It will utilise social media and other innovative methods to engage with young people</p>
Early Help	<p>Establish an easy access route to low intensity early help services which will provide initial risk assessment and low-level support.</p> <p>Commissioning a range of low-intensity early help offers that build resilience and prevent escalation to more serious or longer term mental health problems</p> <p>This has the potential to be a collaborative commissioning arrangement between CCGs and local authorities, utilising a range of providers including third sector and community groups.</p>
Access to specialist help	<p>A single gateway to additional help for those with enduring difficulties or at risk of significant harm to self or others.</p> <p>Support and guidance for front-line practitioners on working with children with emerging mental health difficulties.</p> <p>This would involve joint working and potentially integrated provision between CAMHS, education and social care services.</p>
Intensive / crisis support	<p>An intensive multi-agency offer of “out of hours” and home treatment services for those experiencing acute difficulties and at risk of serious harm to self or others.</p>

**Governance**

13. The Transformational Plan requires a multi-agency approach involving social care, education, youth justice, voluntary sector partners. The Transformational Plan for Leicester, Leicestershire and Rutland is in development via the Women’s and Children’s Workstream of the Better Care Together Programme. A specific

group has been established to develop and steer the work required on children and young people's mental health and wellbeing. This is jointly chaired by the County Local Authority Director of Children's Services and the Director of Nursing and Quality for Leicester City CCG. There is representation on the board from key partner agencies including Heathwatch.

14. The plan is currently in development and will need to be formally agreed by the respective Health and Wellbeing Boards and CCGs before it is submitted to NHS England. There is also a need to ensure that the BCT Partnership Board are fully appraised on the plans.
15. NHS England in the East Midlands is establishing a task group to oversee the development of transformational plans within the region. LLR CCGs have indicated the intention to participate in this group.
16. The deadline for the submission of the plan is the 16<sup>th</sup> October 2015. For 2015/16 NHS England have indicated they will have a "light touch" to assure the plans as they are keen for work to commence. The emphasis is likely to be demonstrating a readiness to implement improvements within the remainder of the financial year and to have a strategic long-term transformational plan that has the support local partners. Once assured, funding will be released to CCGs in October 2015. Funding allocated for 2015/16 will need to be committed this financial year.
17. The Transformational Plan will be presented to the CCB for the on 24<sup>th</sup> September and the BCT Mental Health and Wellbeing Steering Group on 29<sup>th</sup> September.
18. It has been agreed that the Chair and Accountable Officer for Leicester CCG will provide the final sign off on behalf of the three CCGs.
19. The timetable for securing approval for the transformational plan is set out in Appendix A.

## **Conclusion**

20. LLR CCGs will receive additional funding from 2015/16 specifically to transform mental health and wellbeing services for children. (£1.87 million recurrent). The focus is on the whole care pathway from health promotion through to community based intensive interventions. There is a specific requirement to provide community based eating disorder services which will be subject to national access standards from 2017/18. The main funds will be released on approval of a "Transformational Plan" which will set out the main local priorities and initial action plan. The transformational plan will be developed through the Better Care

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## Appendix A

### Timetable for submission of the Transformational Plan

DATE	MEETING/ PERSON	ACTION
16 <sup>th</sup> October 2015		Final date for submission to NHS England
9 <sup>th</sup> October 2015	Leon Charikar	Submit plan to NHS England
First week of October	DCSs  Director of Nursing	Secure Signatures to the plan
29 <sup>th</sup> September	Leadership Board ( BCT Steering group)	Approve final version

Reports will be taken to the following meetings:

Health and Wellbeing Boards		Clinical Commissioning Groups	
Leicestershire County	17 <sup>th</sup> September	Collaborative Commissioning Board	24 <sup>th</sup> September
Leicester City	3 <sup>rd</sup> September	ELR CCG Board	15 <sup>th</sup> September
Rutland	Briefing from DCS to Chair	LC CCG CCC	15 <sup>th</sup> September
<b>Better Care Together Board</b>		West Leics Board	8 <sup>th</sup> September
Partnership Board	17 <sup>th</sup> September		