

**WEST LEICESTERSHIRE CLINICAL COMMISSIONING GROUP
BOARD MEETING**

8th January 2019

Title of the report:	Leicestershire, Leicester and Rutland's "Living Well with Dementia Strategy" – 2019-2022
Section:	Setting our Strategic Direction
Report by:	David Muir – Head of Primary Care Redesign and Delivery
Presented by:	David Muir – Head of Primary Care Redesign and Delivery

Report supports the following West Leicestershire CCG's goal(s):			
Improve health outcomes	✓	Improve the quality of health-care services	✓
Use our resources wisely	✓		

Equality Act 2010 – positive general duties:
1. The CCG is committed to fulfil its obligations under the Equality Act 2010, and to ensure services commissioned by the CCG are non-discriminatory on the grounds of any protected characteristics.
2. The CCG will work with providers, service users and communities of interest to ensure any issues relating to equality of service within this report are identified and addressed.

Additional Paper details:	
Please state relevant Constitution provision	Section 6.6.1(a) - ensuring that the Group has appropriate arrangements in place to exercise its functions effectively, efficiently and economically and in accordance with the Group's principles of good governance.
Please state relevant Scheme of Reservation and Delegation provision (SORD)	N/A
Please state relevant Financial Scheme of Delegation provision	N/A
Please state reason why this paper is being presented to the WLCCG Board	For approval and sign-off
Discussed by	LCCCG, ELRCCG, LLR local authorities, stakeholders, partners
Alignment with other strategies	STP, Operational Plan 2017-19
Environmental Implications	

Has this paper been discussed with members of the public and other stakeholders? If so, please provide details	The strategy has been developed following extensive public consultation exercises.
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EXECUTIVE SUMMARY:

1. In February 2015, the Department of Health published 'The Prime Ministers Challenge on Dementia, 2020' which details why dementia remains a priority and outlining the challenges the UK continues to face in relation to dementia.
2. In line with this document, the health and social care economy of Leicestershire, Leicester and Rutland (LLR) has worked in partnership to develop a local dementia strategy entitled 'Leicestershire, Leicester and Rutland's Living Well with Dementia Strategy, 2019-2022'.
3. The DRAFT version of the Strategy has been extensively discussed and comments and issues were fed back to Leicester City Council officers who were leading for LLR on the development of the Strategy, prior to public and stakeholder consultation.
4. The Strategy has been accordingly updated following the consultation for final approval at today's meeting and is included as Appendix 1.
5. Each partner organisation will support the delivery of the strategy's key priority actions through their own individual delivery plans which have been developed and finalised in line with the Strategy and LLR dementia offer. (The DRAFT Leicestershire and Rutland CCGs' Dementia Strategy Action Plan, developed in collaboration with ELR CCG and in discussion with Leicestershire County Council, is included as Appendix 2 for information and consideration).

RECOMMENDATION:

The West Leicestershire Clinical Commissioning Group is requested to:

RECEIVE: the post consultation LLR Living Well with Dementia Strategy, 2019 – 2022

APPROVE: the post consultation LLR Living Well with Dementia Strategy, 2019 – 2022

RECEIVE: the DRAFT Leicestershire and Rutland CCGs' Dementia Strategy Action Plan

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Tuesday 8th January 2019

Leicestershire, Leicester and Rutland's "Living Well with Dementia Strategy" – 2019-2022

INTRODUCTION

1. Dementia is the leading cause of death and is a national priority; it is a growing global challenge and as the population ages it has become an extremely significant health concern. During November 2016 the Office of National Statistics (ONS) stated that dementia, including Alzheimer's disease, has overtaken heart disease as the leading cause of death in England and Wales.
2. The LLR Living Well with Dementia Strategy, 2019-2022 sets out our ambition to support people to live well with dementia. It reflects the national strategic direction outlined in The Prime Minister's Challenge on Dementia which details ambitious reforms to be achieved by 2020. The strategy details a shared vision and guiding principles to support people living with dementia and their carers by the 3 local authorities; Leicestershire County Council, Leicester City Council and Rutland County Council, and the 3 CCGs; West Leicestershire CCG, East Leicestershire and Rutland CCG, and Leicester City CCG. Partner organisations that have been involved in the development of the strategy include Healthwatch Rutland, the Alzheimer's Society, Age UK, Leicestershire Partnership Trust and UHL.
3. The national and local picture for people living with dementia and carers is identified in the strategy along with key priority actions.

WHAT IS DEMENTIA?

4. Dementia describes a set of symptoms that includes loss of concentration and memory problems, mood and behaviour changes and problems with communicating and reasoning. These symptoms occur when the brain is damaged by certain diseases, such as Alzheimer's disease, a series of small strokes or other neurological conditions such as Parkinson's disease.
5. All types of dementia are progressive with the progression being different for each individual.
6. People of any age can receive a dementia diagnosis but it is more common in those over the age of 65. Early onset dementia refers to younger people with dementia whose symptoms commence before the age of 65 years.

OUR VISION, GUIDING PRINCIPLES AND AIM

7. Our vision is that Leicestershire, Leicester and Rutland are all places where people can live well with dementia through the guiding principles detailed in point 8.
8. The guiding principles have been developed by NHS England in their transformation framework; The Well Pathway for Dementia, which is also based on NICE guidelines

9. The Well Pathway highlights 5 pathways, each pathway being underpinned by standards.

- **Preventing Well**
 - Risk of people developing dementia is minimised
- **Diagnosing Well**
 - I was diagnosed in a timely way
 - I am able to make decisions and know what to do to help myself and who else can help
- **Supporting Well**
 - I am treated with dignity and respect
 - I get treatment and support, which are best for my dementia and my life
- **Living Well**
 - I know that those around me and looking after me are supported
 - I feel included as part of society
- **Dying Well**
 - I am confident my end of life wishes will be respected
 - I can expect a good death

10. The strategy is a joint document with a shared vision, guiding principles and aim. It is as such a high level strategy that will be underpinned by organisational delivery plans.

11. Accordingly, in line with point 10, each partner organisation will support the outlined key priority actions through their own individual delivery plans which will be developed in line with the dementia strategy and dementia offer.

12. The delivery plans will be refreshed by each organisation on an annual basis to make sure they are relevant and timely and will be reviewed through the STP LLR Dementia Programme Board.

KEY ACTIONS

13. The actions will focus on supporting people to live well with dementia as well as supporting their carers and will reflect the key priority areas as highlighted in the national document 'Prime Ministers Challenge on Dementia, 2020'. The key priority action areas for LLR, across health and social care, will include:

- Dementia friendly communities which will include the roll out of dementia friendly GP practices
- Review of memory assessment pathway and referral processes in line with the aim to improve referral to treatment to 6 weeks
- Promote health checks in primary medical care
- Work with Care Homes regarding the dementia diagnosis toolkit
- Promote the dementia support service for Leicestershire and Leicester City
- Promote the dementia support service for Rutland, which will include Admiral Nursing
- Support the work to improve residential provision for people with severe dementia
- Work with care homes and other providers to develop training and support to manage crises and work with reablement principles
- Raise awareness of dementia with housing providers

DRAFT STRATEGY DEVELOPMENT

14. The Strategy was drafted by a sub-group of the LLR Dementia Programme Board, members being from the three Leicestershire/Leicester CCGs and the three local authorities and was informed by national policy and by local intelligence from wide ranging stakeholder engagement through the dementia Programme Board.
15. As per point 3 in the Executive Summary, the DRAFT version of the Strategy has been extensively discussed within WL CCG and comments and issues were fed back, prior to the consultation exercise, to Leicester City Council officers who were leading for LLR on the development of the Strategy.
16. This was with the understanding that if not reflected in the draft consultation version, WL CCG's comments and issues would be considered, along with the outputs from the consultation exercise, to influence the final, post consultation Strategy.
17. The responses to comments and issues raised by WL CCG from Leicester City Council were received by the CCGs' Finance and Planning Committee in March/April 2018 and WL CCG approved the draft strategy to go to consultation.
18. One particular issue raised was that the draft strategy was "very high level" and whilst it was "appreciated and recognised why this is the case" it was felt there was not enough detailed content within the strategy. The response was that the Dementia Programme Board had indeed intentionally made the strategy high level, but expected the detail, (and ambition) to be in each partner's delivery/action plan.

CONSULTATION

19. A public consultation exercise took place between 19th April and 22nd June 2018 on the draft LLR Living Well with Dementia Strategy. This consultation was led by Leicester City Council on behalf of all partner organisations. Consultation questionnaires were published and shared with the public, patients, service users and stakeholders.
20. Responses to the consultation were overwhelmingly in support of the strategy and its' proposals. Overall there were 221 respondents to the public consultation, 115 identifying themselves as commenting from a 'county' perspective.
21. Accordingly, through the LLR Dementia Programme Board, the strategy was updated following consultation. Minor changes to clarify the language used have been made and an additional action under the Dying Well guiding principle has been added in in response to feedback received. This action is: Ensure that people living with dementia are aware of Advanced Care Planning.

APPROVAL PROCESS

22. In March/April 2018, the DRAFT LLR Dementia Strategy was shared with WL CCG CMT and Finance and Planning Committee.
23. The LLR Joint Dementia Programme Board, which is a joint stakeholder Board across health and social care, provider and voluntary organisations, approved the LLR Joint Dementia Strategy.
24. The 3 local authorities, Leicester City Council, Leicestershire County Council and Rutland County Council have now approved the LLR Joint Dementia Strategy post consultation.

25. ELR CCG Integrated Governance Committee meeting approved the post consultation Strategy on 4th December 2018: Leicester City CCG Governing Body approved the same post consultation strategy on 11th December 2018.

26. The post consultation strategy and the draft WL CCG action plan has been shared with the Board GPs for comment.

RESOURCE AND FINANCIAL IMPLICATIONS

27. WL CCG, along with LC CCG and ELR CCG, already contributes £30,040 per annum, (from October 2017, 2yrs +1 +1 +1), into the Integrated LLR Dementia Support Service. No further financial requirements are required as an outcome from the Strategy.

CONFLICTS OF INTEREST

28. No Conflicts of Interest have been identified for the development of the LLR Living Well with Dementia Strategy, 2019 -2022.

RECOMMENDATION:

The West Leicestershire Clinical Commissioning Group is requested to:

RECEIVE: the post consultation LLR Living Well with Dementia Strategy, 2019 – 2022

APPROVE: the post consultation LLR Living Well with Dementia Strategy, 2019 – 2022

RECEIVE: the DRAFT Leicestershire and Rutland CCGs' Dementia Strategy Action Plan

Appendix 1 Leicester, Leicestershire & Rutland's Living Well with Dementia Strategy 2019 – 2022 (Post Consultation)

Leicester, Leicestershire & Rutland's Living Well with Dementia Strategy 2019-2022



1. Introduction

Supporting and helping those living with dementia and their carers remains a priority for Leicester, Leicestershire and Rutland's (LLR) health and social care organisations.

Our strategy sets out the Leicester, Leicestershire and Rutland ambition to support people to live well with dementia. It reflects the national strategic direction outlined in The Prime Minister's Challenge on Dementia which details ambitious reforms to be achieved by 2020. The strategy is **informed by** what people have told us about their experiences either as a person living with dementia or as a carer and is written **for** those people; specifically those with memory concerns, those with a dementia diagnosis, their families and carers and the organisations supporting them.

Leicester, Leicestershire and Rutland's Living Well with Dementia Strategy 2019-2022 has been developed in partnership between local health, social care and voluntary sector organisations.

An important focus of our strategy is to move towards delivery of personalised and integrated care. We have used the NHS England Well Pathway for Dementia* to give us a framework that puts the individual and their carer at the centre of service development and implementation across health and social care. We acknowledge that by collaborating in this way, efficiencies across the wider health and social care system will also be realised.

As a partnership, we are committed to minimising the impact of dementia whilst transforming dementia care and support within the communities of Leicester, Leicestershire and Rutland, not only for the person with dementia but also for the individuals who care for someone with dementia. We also aim to improve access to diagnosis and support services for all patients and service users, especially those from Black, Asian, minority ethnic and hard to reach groups who currently do not access services.

We want the well-being and quality of life for every person with dementia to be uppermost in the minds of our health and social care professionals.

*list of reference websites provided at the end

2. What is dementia?

'Dementia describes a set of symptoms that include loss of concentration and memory problems, mood and behaviour changes and problems with communicating and reasoning. These symptoms occur when the brain is damaged by certain diseases, such as Alzheimer's disease, a series of small strokes or other neurological conditions such as Parkinson's disease.'

Prime Minister's Challenge on Dementia 2020

All types of dementia are progressive. The way that people experience dementia will depend on a variety of factors therefore the progression of the condition will be different.

People of any age can receive a dementia diagnosis but it is more common in those over the age of 65. Early onset dementia refers to younger people with dementia whose symptoms commence before the age of 65. Younger people with dementia often face different issues to those experienced by older people.

No two people with dementia are the same and therefore the symptoms each person experiences will also differ.

Links to further information about the different types of dementia are provided at the end.

3. Vision, guiding principles and aim

This strategy has been guided by principles developed by NHS England in their transformation framework. This 'Well Pathway for Dementia' is based on NICE guidelines, the Organisation for Economic Co-operation and Development framework for Dementia and the Dementia I-statements from The National Dementia Declaration.

Our vision is that Leicester, Leicestershire and Rutland are all places where people with dementia can live well through the following guiding principles:



Preventing
Well

Diagnosing
Well

Supporting
Well

Living
Well

Dying
Well

We aim to create a health and social care system that works together so that every person with dementia, their carers and families have access to and receive compassionate care and support not only prior to diagnosis but post-diagnosis and through to end of life.

4. National context and background

There are a number of national drivers that shape and influence the way the UK should tackle dementia as a condition

Prime Minister's Challenge on Dementia 2020

In February 2015, the Department of Health published a document detailing why dementia remains a priority and outlined the challenges the UK continues to face in relation to dementia.

The priorities identified within this are:

- 1) To improve health and care
- 2) To promote awareness and understanding
- 3) Research

Legislation

Care Act 2014

Equality Act 2010



Context

Living Well with Dementia
2009

Dementia 2015

NHS & Adult Social Care
Outcomes Frameworks

Fix Dementia Care 2016

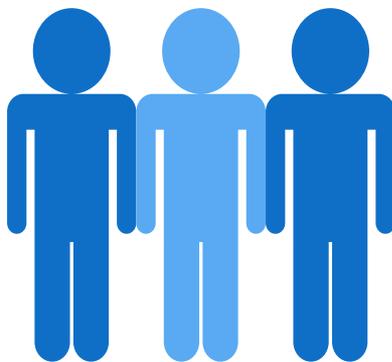
National picture

There are currently 850,000 people living with dementia in the UK. 42,325 of these have early onset dementia.

The number of people with dementia is forecast to increase to 1,142,677 by 2025 – an increase of 40%.

1 in every 14 of the population over 65 years has dementia

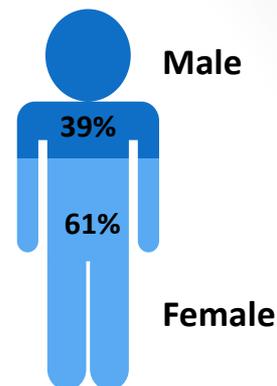
It is estimated that 1 in 3 people in the UK will care for someone with dementia in their lifetime



1 in 3 people who die over the age of 65 years have dementia. Dementia now accounts for 11.6% of all recorded deaths in the UK.

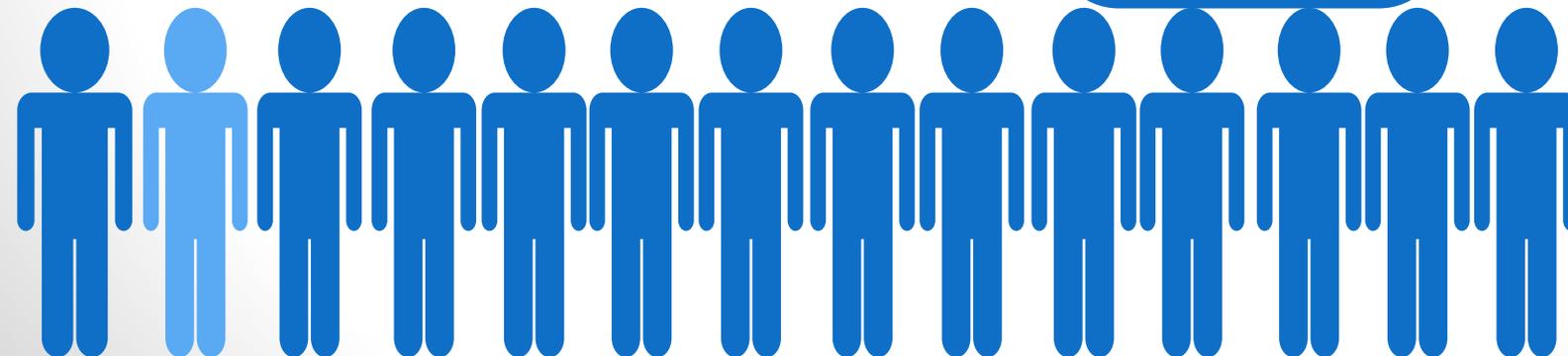
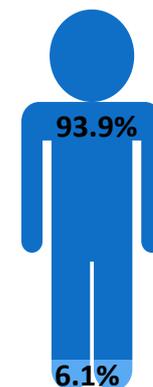
In the UK 61% of people with dementia are female and 39% are male. There are a higher proportion of women with dementia as women tend to live longer, however, this does reverse when considering the data for people with early-onset dementia.

Gender



It is estimated that there are 11,392 people from black and minority ethnic (BME) communities who have dementia in the UK. 6.1% of all those are early onset, compared with only 2.2% for the UK population as a whole, reflecting the younger age profile of BME communities.

Dementia and Ethnicity

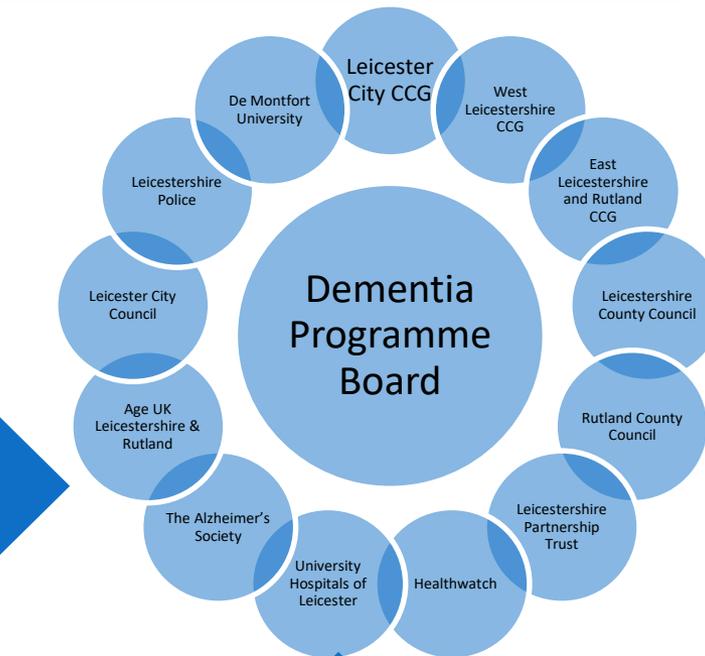


5. Local context and background

Better Care Together (BCT) is the programme of work that plans to transform the health and social care system. The Sustainability and Transformation Partnership (STP) in LLR is derived from this programme and is developing proposals across a variety of health and social care areas, to enable us to plan and be responsive to the needs of the whole population. The dementia work stream has established a programme board with membership across partnership organisations and linked to the wider STP programme.

The Dementia Programme Board has written this strategy and high-level delivery plan. The multi-agency partnership works to ensure that interdependencies are identified including but not limited to:

- Home First
- Urgent and emergency care
- Integrated locality teams
- Resilient primary care
- Planned care
- Mental health
- Prevention
- Medicines Management
- Learning disabilities
- End of life
- Continuing health care and personal budgets



Funding in relation to dementia is not directly addressed within this strategy. However the financial position cannot be ignored therefore the available resources for each organisation will be reflected in individual organisational plans that will be developed by partners setting out their role in the delivery of the strategy.

The key local policy documents that influence the delivery of the strategy

Leicestershire County Council's Strategic Plan 'Working together for the benefit of everyone' 2018-2022

Leicester City Council – Adult Social Care: Strategic Commissioning Strategy 2015-2019

Rutland County Council – The Future of Adult Social Care in Rutland 2015 – 2020

Clinical Commissioning Group Operational Plans 2018-2019

University Hospitals of Leicester NHS Trust Dementia Strategy 2016-2019

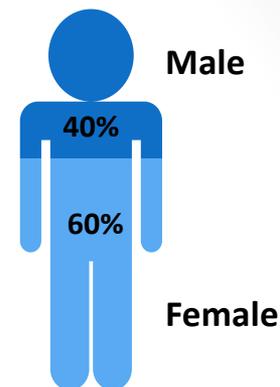
Local picture

There are currently 13,372 people living with dementia across Leicester, Leicestershire & Rutland. This number is set to increase to 16,969 by 2025. 269 of these people have early onset dementia.

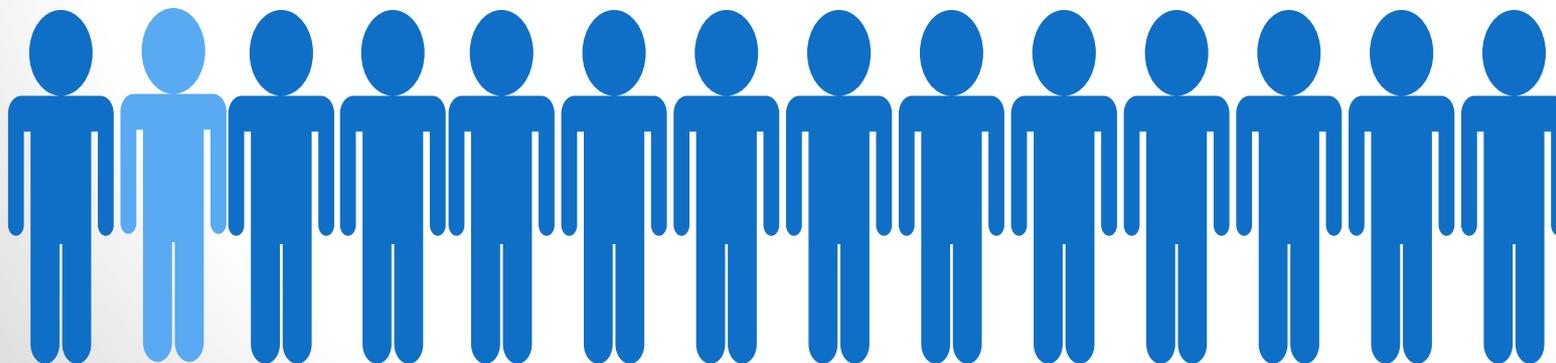
1 in every 14 of the population of LLR over 65 years has dementia, reflective of the national trend

Across LLR 60% of people with dementia are female and 40% are male. This reflects the national trend.

Gender



It is estimated that there are 105,000 carers across LLR. For further information relating to carers, see the draft LLR Carers Strategy.



Local picture

The dementia diagnosis indicator compares the number of people thought to have dementia with the number of people diagnosed with dementia. The target set by NHS England is for at least two thirds of people with dementia to be diagnosed (67%). The national prevalence of dementia is 1.3% of the entire UK population equating to approximately 850,000 individuals.

Local NHS Diagnosis Rates

West Leicestershire

71%

Leicester City

86%

East Leicestershire & Rutland

67%

(Percentages represent the proportion of people living with dementia that have a formal diagnosis as of August 2018)

Leicestershire

- 9,642 individuals thought to be living with dementia
- 9,458 of these are 65 years or over
- The total population of people aged 65 years or over is 139,400 which equates to 6.78% of this cohort of the population living with dementia

Leicester

- 3,026 individuals thought to be living with dementia
- 2,951 of these are 65 years or over
- The total population of people aged 65 years or over is 41,700 which equates to 7.07% of this cohort of the population living with dementia

Rutland

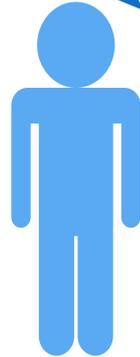
- 704 individuals thought to be living with dementia
- 694 of these are 65 years or over
- The total population of people aged 65 years or over is 9,500 which equates to 7.3% of this cohort of the population living with dementia

Local picture - What people told us

“We need somewhere for people to go and sit down and get proper advice”
(person living with dementia)

“My husband needs to go somewhere to help him feel like a man again”
(carer of person with dementia)

“I was very depressed after diagnosis. I felt suicidal”
(person living with dementia)



“My GP couldn’t find anywhere to accept the referral for my husband when seeking a diagnosis because he was too young”
(carer of younger person with dementia)

“All agencies need some understanding of dementia”
(person living with dementia)

“Once you have a diagnosis of dementia, you are written off as far as any other problem is concerned”
(person living with dementia)

6. How dementia support currently looks across LLR

General medical practice

Memory clinics

Community dementia support services such as those provided by Admiral Nurses, the Alzheimer's Society and Age UK, including support for carers

Social care services including care management and assistive technology services

Advocacy services and deprivation of liberty safeguards services

Extra care, residential and nursing homes

Members of Dementia Action Alliances working towards creating more dementia friendly communities

Advice and information services, including welfare benefits

7. Achievements of the previous LLR Strategy 2011 – 2014

GPs have been supported to understand and promote key preventative messages as well as developing health checks and a dementia friendly GP toolkit

Engagement with people living with dementia and their carers has been undertaken across the area to understand their experiences of the health and social care system to inform future work

All CCG areas are meeting the 67% national target in relation to diagnosis rates and appropriate referrals are being made to memory assessment clinics, underpinned by a shared care agreement

The memory pathway is well embedded across the area with good connections from primary care, memory clinics, post diagnostic support services, social care

A new community and hospital based Dementia Support Service has been commissioned across Leicester and Leicestershire, with a single point of access for people with dementia, carers and professionals

Rutland commissioned a dementia support service who worked with local partners to support people with dementia and their carers

Contract monitoring was undertaken by all commissioners and aimed to ensure that people with dementia were cared for and supported well

Carers are supported through specific services, including advice, information, training and respite

7. Achievements of the previous LLR Strategy 2011 – 2014

Voluntary and community sector organisations offer training programmes for people with dementia and carers. NHS and social care organisations offer staff training programmes

Advocacy services and deprivation of liberty safeguards services are in place to give people with dementia a voice

Assistive technology solutions are widely offered to people living with dementia and carers

Strong links have been made with the local Dementia Action Alliance social movement to recruit dementia friends and work towards creating more dementia friendly communities

A variety of social opportunities such as activity groups, memory cafes, befriending is available to support people and carers to live well with dementia

Advice and information is available throughout the memory pathway

8. LLR Dementia Strategy Delivery Plan 2019 - 2022

This delivery plan will be refreshed on an annual basis to ensure its relevance. Actions have been agreed as a result of engagement with stakeholders and feedback from public consultation. Each member of the LLR Dementia Programme Board will reflect these delivery actions in their own organisational plans and the needs of under-represented groups will be considered in all of the actions listed below.

Action	Responsible	Guiding Principle	Actioned By
Pilot the Dementia Friendly general practice template and consider how to rollout more widely	CCGs	Preventing Well	2019/2020
Promote the inclusion of dementia risk reduction messages within health checks across primary care	CCGs	Preventing Well	2019/2020
Increase Public Health involvement in the work of the Dementia Programme Board	LLR Dementia Programme Board	Preventing Well	2019
Promote opportunities to be involved in research to people affected by dementia and their carers throughout the memory pathway	LLR Dementia Programme Board	Preventing Well	2019/2020
Review memory assessment pathway and referral processes	CCGs and LPT	Diagnosing Well	2019/20
Promote memory pathway	LLR Dementia Programme Board	Diagnosing Well	2019/20
To develop a process to increase the number of people receiving a dementia diagnosis within 6 weeks of a GP referral	CCGs	Diagnosing Well	2020/21

8. LLR Dementia Strategy Delivery Plan



8. LLR Dementia Strategy Delivery Plan

Action	Responsible	Guiding Principle	Actioned By
Support the Dementia Action Alliance to develop more dementia friendly communities	LLR Dementia Programme Board	Living Well	2019/2020
Develop routine engagement processes with people living with dementia and carers to inform our work	LLR Dementia Programme Board	Living Well	2019/2020
Review the dementia information offer to ensure it covers a range of topics, including accommodation options	LLR Dementia Programme Board	Living Well	2020/2021
Review the current care and support standards used across LLR and agree a common set	Health and Social Care professionals and providers	Living Well	2020/2021
Work with care homes and other providers to develop training and support to manage crises and work with reablement principles	Health and Social Care professionals and providers	Living Well	2020/2021
Make stronger links with STP End of Life work-stream	LLR Dementia Programme Board	Dying Well	2019/2021
Ensure that people living with dementia and their carers are aware of Advanced Care Planning	LLR Dementia Programme Board	Dying Well	2020/2021

9. Useful websites

Context

NHS England Well Pathway for Dementia: england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/03/dementia-well-pathway.pdf

Further information about the different types of dementia: nhs.uk/conditions/dementia-guide/Pages/dementia-choices.aspx and alzheimers.org.uk/info/20007/types_of_dementia

Prime Ministers Challenge on Dementia: gov.uk/government/publications/prime-ministers-challenge-on-dementia-2020

Living Well with Dementia: gov.uk/government/uploads/system/uploads/attachment_data/file/168221/dh_094052.pdf

Dementia 2015 – Aiming Higher to Transform Lives (report by the Alzheimer’s Society): alzheimers.org.uk/info/20093/reports/253/dementia_2015

NHS Outcomes Framework & Adult Social Care Outcomes Framework 2016-17:

gov.uk/government/uploads/system/uploads/attachment_data/file/513157/NHSOF_at_a_glance.pdf

gov.uk/government/uploads/system/uploads/attachment_data/file/629812/ASCOF_handbook_definitions.pdf

Fix Dementia Care 2016: alzheimers.org.uk/info/20175/fix_dementia_care

Legislation

Care Act 2014: legislation.gov.uk/ukpga/2014/23/contents/enacted

Equality Act 2010: gov.uk/guidance/equality-act-2010-guidance

Local Policy

Leicestershire County Council Adult Social Care Strategy 2016 – 2020:

leicestershire.gov.uk/sites/default/files/field/pdf/2016/3/23/ASC_Strategy_2016_2020_0.pdf

Leicester City Council – Adult Social Care: Strategic Commissioning Strategy 2015-2019:

leicester.gov.uk/media/179825/strategic-commissioning-strategy-2015-2019.pdf

Draft Leicester, Leicestershire and Rutland Carers Strategy: leicestershire.gov.uk/carers-strategy.

Rutland County Council – The Future of Adult Social Care in Rutland:

rutland.gov.uk/my-services/health-and-family/adult-social-care/adult-social-care-strategy/

East Leicestershire and Rutland Operational Plan 2016-2017

West Leicestershire Operational Plan 2016-2017

Leicester City Operational Plan 2016-2017

University Hospitals of Leicester NHS Trust Dementia Strategy – April 2016 – March 2019:

leicestershospitals.nhs.uk/EasysiteWeb/getresource.axd?AssetID=41809&type=full&servicetype=Attachment

Appendix 2 West Leicestershire CCG Leicestershire and Rutland CCGs' Dementia Strategy 2019 – 2022 DRAFT Action Plan

Activity	Action No	Action Required	Details	Measure	Lead	Start Date	End Date	RAG
Preventing Well	1	Pilot the GP Dementia Friendly Template Consider roll out across general medical practices	Develop a GP Dementia Friendly Template toolkit. Pilot with GP practices across LLR Roll out to all GP practices in LLR. Encourage all practices to use the template to review their systems and processes. CCGs to support practices with the use of the template. Ensure that the template is part of the induction programme for	Template developed and agreed. Evidence of support from CCGs to practices. % of practices agreeing to use. % of practices using and usage rates.	Primary Care Team and Strategy Team	January 2019	December 2020	

			carers.					
	2	Promote the inclusion of dementia risk reduction messages within health checks across primary medical care	<p>Communication programme agreed by all CCGs</p> <p>Roll out information and messages to primary medical care</p>	<p>Communications programme and campaign agreed.</p> <p>Shared with primary medical care.</p> <p>% of practices performing health checks.</p>	<p>Communication Team</p> <p>Primary Care Team and Strategy Team</p>	January 2019	December 2020	
	3	Increase Public Health Involvement in the work of the DPB	<p>Liaise with Public Health Department at Leicestershire CC to engage with the team.</p> <p>Invite PH representation onto the DPB. Consider PH representation for Leicester City (c/o City CCG)</p> <p>In the development of initiatives and</p>	<p>PH representation agreed on DPB.</p> <p>Evidence of PH involvement on commissioning initiatives, where applicable.</p>	<p>DPB</p> <p>Public Health</p> <p>CCG commissioning teams</p>	January 2019	December 2020	

			commissioning programmes, where applicable, involve the public health team.					
	4	Promote opportunities to be involved in research to people affected by dementia and their carers throughout the memory pathway.	<p>Ensure there is research representation on the DPB.</p> <p>Research information is shared with the membership of the DPB.</p> <p>Research opportunities are reflected in the service specification for the memory assessment service.</p>	<p>Representation identified.</p> <p>Research programmes and information shared with the membership of the DPB.</p> <p>Specification updated to reflect research.</p>	<p>DPB.</p> <p>Research team.</p> <p>CCG Commissioners.</p>	January 2019	December 2020	
Diagnosing Well	5	Review memory assessment pathway and referral process.	Review service specification and work with Leicestershire NHS Partnership Trust (the	<p>Service specification reviewed and agreed.</p> <p>Task and Finish Group established.</p>	<p>CCG Commissioners.</p> <p>Leicestershire NHS Partnership</p>	January 2019	December 2020	

			<p>provider organisation) to update the service specification.</p> <p>Through the DPB or LPT MHS, establish a task and finish group to review the pathway particularly in line with the NHSE guidance around the new 6 week RTT target to be introduced by DH.</p> <p>Have representation on the Transformation Programme for MH, led by LPT. Dementia Pathway.</p>	Working with LPT on the development of the pathway through the transformation programme.	Trust. CCG and LPT clinicians.			
	6	Promote memory pathway	Develop a communications plan.	Communications plan agreed.	Communications Team	January 2019	December 2020	

			<p>Inform general medical practices as to the pathway.</p> <p>Ensure PRISM forms are up to date and accurate.</p>	<p>Practices informed.</p> <p>PRISM forms updated if necessary and promoted to practices.</p>	<p>Primary Care Team and Strategy Team</p>			
7	<p>To develop a process to increase the number of people receiving a dementia diagnosis within 6 weeks of a GP referral.</p>	<p>Update the service specification to reflect the 6 week RTT target.</p> <p>Agree a realistic process working with managers and clinicians from LPT and UHL.</p> <p>Conduct a baseline to identify gaps and issues in current service.</p> <p>Agree a plan with all relevant</p>	<p>Service specification updated and agreed.</p> <p>Identification of current gaps and issues.</p> <p>Plan and process agreed and implemented.</p>	<p>CCG Commissioners</p> <p>DPB</p> <p>LPT and UHL</p>	<p>January 2020</p>	<p>December 2021</p>		

			partner organisations in line with the DH target – Transformation Programme for MH.					
	8	Work with care homes to pilot and roll out the dementia diagnosis toolkit.	Dementia diagnosis toolkit identified and agreed. Pilot with care homes across LLR. Roll out with care homes across LLR.	Toolkit agreed by CCGs. Pilot achieved and feedback given. Roll out programme agreed and implemented. Diagnosis rates improving.	Primary Care Team and Strategy Team DPB	January 2020	December 2021	
Supporting Well	9	Monitor Dementia Support Services contracts and take action as appropriate	Work in partnership with all stakeholder organisations to the dementia support service. Support Leicester City Council who manage the contract on behalf of all partner	Contract monitoring established. Contract monitoring meetings established.	Leicester City Council LAs and CCGs	October 2017	September 2019	

			organisations. Ensure implementation is taken forward by health organisations if required.					
10	Raise awareness of dementia with housing providers.	Support our local authorities in their plans and implementation programmes of raising awareness of dementia needs. Through the DPB, provide health expertise and information where required.	Housing initiatives recognised in commissioning plans where required.	DPB CCG Commissioners	January 2020	December 2021		
11	Contribute to a review of the dementia training on offer with a focus on delivering personal care to ensure a	Feed into the STP LLR work programme within the workforce group. Identify training available for	Dementia Training Analysis performed. Training guidance provided to practices.	Primary Care Team Strategy Team	January 2019	December 2020		

		high level of expertise	<p>general practice. Guide practices to dementia training opportunities.</p> <p>If required, work in partnership with our health and social care partners, commissioners and providers</p>					
	12	Continue to focus on improving the in-patient experience and hospital discharge pathways.	<p>DPB membership on Discharge Pathway work ensuring dementia is reflected in discharge plans and hospital pathways.</p> <p>Working with the Dementia Support Service ensure there is a positive link between the support workers in UHL and the</p>	<p>Discharge pathways reviewed and changed where appropriate.</p> <p>Dementia is reflected in discharge plans including care home capacity.</p>	DPB Urgent care team	January 2019	December 2020	

			discharge teams and community workers of the discharge support service.					
Living Well	13	Promote Dementia Support Services across LLR.	<p>To liaise with The Alzheimer's Society to share leaflets, posters and information with general medical practices – electronic and paper copies.</p> <p>To promote the service through the GP Newsletter and ELR Staff Newsletter.</p> <p>To promote the service with Practice Managers and locality forums.</p> <p>Information about the service in the</p>	<p>Share with general medical practice, electronically and paper copies.</p> <p>Information about the service in relevant newsletters.</p> <p>Attendance at relevant meetings either by CCG personnel or The Alzheimer's Society.</p>	<p>Primary Care Team and Strategy Team</p> <p>Communications Teams</p> <p>LAs</p>	October 2017	August 2019	

			Dementia Friendly GP Template.					
14	Support the work to improve residential provision for people with complex dementia.	<p>To ensure membership on appropriate discharge pathways.</p> <p>Share with the care home sub-group for LLR.</p> <p>Representation on the transformation programmes for MH led by LPT.</p>	<p>Evidence of representation on discharge pathway work programmes that include transfer of care and residential placements/packages of care.</p> <p>Attendance at relevant meetings regarding transformation programmes and care homes.</p>	<p>Primary Care Team and Strategy Team</p> <p>Urgent Care Team Care Home Sub-Group</p>	January 2019	December 2022		
15	Support the Dementia Action Alliance to develop more dementia friendly communities	<p>Through the DPB ensure representation at DAA meetings.</p> <p>To work in partnership with the DAA regarding the development of dementia friendly communities.</p>	The implementation of the dementia friendly GP tool.	Primary Care Team Strategy Team	January 2019	December 2020		

	16	Develop routine engagement processes with people living with dementia and carers to inform our work	When developing initiatives or programmes of service delivery, through a variety of media we shall engage with people affected by dementia. For examples: <ul style="list-style-type: none"> • Task and finish groups • 1:1 meetings • Surveys • DPB • Working with voluntary organisations • Healthwatch 	Evidence of working with people affected by dementia through the examples identified.	DPB Members CCGs and LAs	January 2019	December 2020	
	17	Review the dementia information offer to ensure it covers a range of topics, including accommodation options	Through the DPB, review of the information on offer to people living with dementia and their carers.	Where applicable, accommodation options include in information regarding accommodation.	DPB Members	January 2020	December 2021	
	18	Review the current care	Through the DPB agree a	Evidence of review and an agreed	DPB Members	January 2020	December 2021	

		and support standards used across LLR and agree a common set	process for reviewing the current standards.	common set of standards across LLR.				
	19	Work with care homes and other providers to develop training and support to manage crises and work with reablement principles	Representation on discharge working groups ensuring dementia is included and considered. Representation on the Care Home Sub Group.	Evidence of support for care home and providers. Training packages for staff developed and implemented.	DPB Members CCGs, LAs and Providers	January 2020	December 2021	
Dying Well	20	Make stronger links with STP End of Life work-stream	Representation (when required) from a key member of the End of Life work-stream on the DPB and any task and finish groups established for specific work initiatives. Involvement with	Evidence of representation where applicable	DPB Members	January 2019	December 2021	

			end of life initiatives where applicable, taken forward by the End of Life work-stream.					
	21	Ensure that people living with dementia and their carers are aware of Advanced Care Planning	<p>Providers have mechanisms in place to develop advanced care planning when appropriate:</p> <ul style="list-style-type: none"> • Primary medical care • Secondary care • Dementia support services across LLR • Community care 	Dialogue has occurred between health and social care professionals and/or advanced care plan in place	Health and social care professionals	January 2019	March 2022	